

# CALMING REGIMEN - AM / PM ROUTINE



Eczema- Rosacea- Psoriasis-Sensitive Skin Types

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## STEP 1: YUCCA ROOT CALMING CLEANSER

Specifically formulated with soothing antioxidants and botanicals to protect highly sensitive skin. This soothing purifying cleanser gently washes and replenishes the skin leaving it refreshed and hydrated.



## STEP 2: CHAMOMILE & SEA SALT REJUVENATING DAILY MIST

Comfrey, Chamomile & Lavender plant extracts soothe & comfort the irritated skin, promote a healthy skin balance & helps improve skin tone. Witch hazel (Alcohol Free) helps to calm skin, remove excess oil & tightens pores for a smoother appearance.



## STEP 3: GREEN WITH ENVY BOTANICAL HYDRATING SERUM

Concentrated botanical actives and antioxidant system instantly provides balance and relief to multiple skin concerns. Calms soothes and strengthens the skin barrier delivering hydration. Ideal for sensitive and inflamed skin such as acne, rosacea, psoriasis or eczema.



## STEP 4: HYDROCORTISONE BOTANICAL ITCH RELIEF (AS NEEDED)

Rich, oil-free hydration with soothing Aloe Vera and nourishing antioxidants to help protect from free radical damage.



## STEP 5: CERAMIDE REPLENISHING CREAM

Formulated to equalize skin's natural moisture levels and help calm skin, resulting in a healthy skin barrier, better treatment outcomes and a youthful appearance.

NOTES:

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## STEP 6: UNIVERSAL TINTED SPF 50 (AM ONLY)

Broad spectrum SPF 50 Sunscreen with lactic acid & hyaluronic Acids. Antioxidant infused to sooth and calm skin.



## STEP 7: YUCCA ROOT SOOTHING BODY LOTION (AS NEEDED)

Specially formulated to deliver a blend of nourishing proactive antioxidants, along with emollients to help smooth and soften dry irritants.

## RECOMMENDED PRODUCTS:

**Dark Eye Peptide Correct & Conceal SPF 50** - AM As Needed : Broad spectrum SPF 50+ mineral eye treatment features 5-in-1 age defense for the eye area, providing superior protection and correction against the visible signs of aging: improve the look of dark circles, puffiness, sagging skin, and fine lines around the delicate eye area immediately and over time.

**Co Q 10 Brightening Polish Cleanser** ( 2 X Per Week As Skin Cell Remover)

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